



**ChildrensHospitalLosAngeles**

*International Leader in Pediatrics*

## Blood Donor Qualifications

- Donor must be 17 years old.
- Donor must weight at least 110 pounds.
- Donors are required to bring a valid ID.
- Donors are encouraged to have a healthy meal before donating and to drink plenty of fluids

### Please do not donate if You:

- Are sick or not feeling well
- Have donated blood in the past 8 weeks
- Are pregnant
- Have a bleeding disorder or blood disease.
- Have had hepatitis after the age of 11 years
- Have had Babesiosis or Chagas disease
- Have ever received growth hormone made from human pituitary glands
- Have ever received a brain covering graft
- Or any of your blood relatives have Creutzfeldt-Jakob disease
- Have been injected with bovine (beef) insulin since 1980
- Have ever used a needle to inject nonprescription drugs (including steroids)
- Have taken clotting factor concentrates for a bleeding problem
- Have AIDS or have had a positive test for the AIDS virus
- Have taken money or drugs for sex since 1977
- Are a man and have had sex with another man since 1977
- Have been treated for syphilis or gonorrhea in the past 12 months
- Have taken Tegison for psoriasis

### Please call us at (323)669-2441 for an evaluation if you have had any of the following:

- Cancer
- Chest pain, stroke, heart disease, or lung disease  
Malaria
- Major illness, surgery, or are under a doctor's care
- Blood transfusions or tissue grafts/transplants
- Tattoos, ear/skin piercing, or acupuncture
- Accidental needlestick or come into contact with someone else's blood
- Rabies shot or any other shots or vaccinations
- Been held in a prison/jail for more than 72 hours
- Take Avodart, Proscar, Propecia, Accutane, Soriatane, or any other medications
- Traveled outside of the U.S.
- If you have the sickle trait, it is possible you may qualify to donate platelets.